

UTRGV-EHS-CCP Program

Three Year Old's: Remote Teaching Instructional Guide

Week of: January 5-8,2021

Classroom Teachers and Room Number:

Director or Center Manager Approval:

Parent Acknowledgement:

Date:

Date:

Learning Outcomes: This week we will learn about practices that keep us healthy.

Mental Health:

Dr. Bailey's
Conscience
Discipline
Strategies

Unite

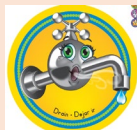
Song: This is the
way we Brush our
Teeth



<https://youtu.be/Pd4WnsXwdaw>

Calm

Demonstrate "Drain" by
extending both arms out in
front of your body and
parallel to the floor. As you
inhale tighten your fists, arms,
and face. Exhale slowly as if
to release the water from a
facet making a "Ssshhh"
sound.



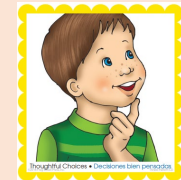
Connect

Discuss a few practices children do in the classroom that
help keep others healthy, such as washing their hands often
so that they don't pass germs unto others, staying home
when they are sick, and sneezing or coughing into their
elbow.



Commit

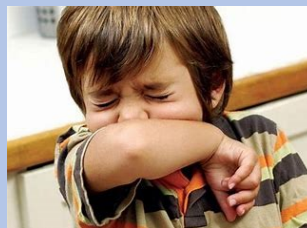
Thoughtful choices. Explain that
a thoughtful choice requires
taking a moment to think before
acting. For example, when
choosing a center we should
consider what is going on in
each center and then choose
the activity we most want to
explore. We make thoughtful
choices when we stop and look
both directions before we cross
the street or when we choose to
wash our hands before we eat.



Morning Message Sentences:



1. I wash my hands.




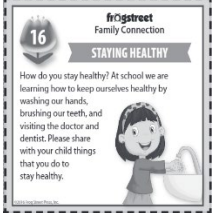






2. Sneeze into elbow.



3. I brush my teeth.

*Modify sentences as needed to scaffold according to child.

Literacy					
Theme: Week :	Readiness Skill Must Do's: Sing the ABC Song	Family Connection	Nursery Rhyme/Song	Enrichment Activities	1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations
<p>Wonderful Words of the Week: Germs Healthy Practices Cowboy Mouse</p> <p>Language Enhancement: (Use sign language for vocabulary words) Use your classroom mascot to encourage participation and language opportunities as you interact with the child/children.</p> <p>Hello </p> <p>Good-Bye </p>	 <p>Title of Story: Cowboy Mouse</p> <p>Read A Loud Tips: Talk about the parts of the book (Front Cover, Back Cover, Spine, Title of the Story, Author, Illustrator.</p> <p>Discussion: Discuss ways of how a cowboy or cowgirl maintains himself safe when riding a horse.</p> <p>Learning Outcomes:</p> <ul style="list-style-type: none"> Child demonstrates personal hygiene and self-care skills. (P-PMP4) Speaking/ Purposes and Situations: Communicates with adults and peers for a variety of purposes in different situations. (LL.A.2) <p>Materials:</p> <ul style="list-style-type: none"> Book Flashcards of Cowboy, mouse <p>Procedures:</p> <ul style="list-style-type: none"> Read the title of the book Explain what is on the front cover and how this week we will be reading Cowboy Mouse and what they think the story will be about. During the reading pause on pages and discuss about the healthy practices. 	<p>Family Connection</p> <p>Parents Are Teachers Too (Planning and Assessment CD):</p>  <p>Family Game:</p> <p>Sing a song Sing a song with child "Wet, lather rub, rub, rub, rinse and dry" While washing hands.</p>	<p>Nursery Rhyme/s:</p>  <p>https://youtu.be/5EnPKvUSUEs</p> <p>Entrance Song:</p>  <p>https://youtu.be/ezmsrB59mj8</p> <p>Closing Song:</p>  <p>https://youtu.be/ezmsrB59mj8</p>	<p>Enrichment Activities</p>  <p>Activity Title: Eating Healthy</p> <p>Materials:</p> <ul style="list-style-type: none"> Fruits Vegetables Food <p>Procedure:</p> <ul style="list-style-type: none"> During meal times, discuss with your family the importance of eating healthy. Name the foods that will be eaten as a family. Eating our fruits and vegetables helps us with our immune system and prevent us from getting sick. We eat healthy foods to keep ourselves healthy. 	<p>1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations</p> <p><u>Parent Tip:</u> Encourage child to repeat vocabulary words.</p> <p><u>Milestone:</u> Turns book pages one at a time.</p> <p><u>Special Adaptation:</u> Children who are not verbal are able to communicate by pointing to a picture.</p>

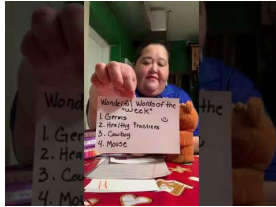
Questions (Before, During, After):

Before: What do you think the story, is about?

During: Which part of Luca's outfit shows he is a cowboy?

After: What are some of the other healthy practices can we do at home?

English YouTube Video:



https://youtu.be/eZKI_hpL7OE

Spanish YouTube Video:



https://youtu.be/z_HNDLXi0XM

Math

Wonderful Words of the Week:

Germ
Soap
Patterns

Language Enhancement: (Use sign language for vocabulary words)

Thank you



Hello



Soap



Title of Activity: Soap Patterns

Learning Outcomes:

- Child understands simple patterns (P-MATH 7)
- Child demonstrates personal hygiene and self-care skills (P-PMP 4)
- Child appropriately handles and takes care of classroom materials. (P-ATL 3)

Materials:

- Bar soaps (2 different color)
- Emotional faces
- Puppet

Procedures:

1. The child will learn about patterns, while using 4 bars of soaps in two different colors to make their own AB pattern.
2. The Teacher will explain what a pattern is by showing pattern on puppets clothing.
3. The teacher will introduce 2 bar soaps of different colors and show how to make a AB patterns by placing them in a line. The Teacher will give the child an opportunity to make a pattern themselves, by asking the child what color of soap comes next.
4. The teacher will talk about germs and how using soap and water (handwashing) helps us keep our hands clean and healthy. The teacher will accomplish this by demonstrating the routine of

Family Connection

Parents Are Teachers Too
(Planning and Assessment CD):



Family Game:



Tissue Patterns

Materials:

- Paper
- Tissue paper
- Glue

Procedures:

1. The parent will have previously cut a sheets of tissue papers in small squares.
2. Parent will give the child glue to paste the pieces of square tissue paper on the sheet of paper forming a pattern.
3. The parent will encourage and help child to follow a pattern or make a new pattern.

Nursery Rhyme/s:

Song related to the theme:



<https://www.youtube.com/watch?v=VqDWUHVQPSI>

Entrance Song:



<https://www.youtube.com/watch?v=3ywlu30IqKA>

Closing Song:



<https://www.youtube.com/watch?v=PrAN5ZoSjiY>

Enrichment Activities



FINGERPRINT PATTERNS

Activity Title:

Fingerprint patters

Materials:

- Paper
- Different color paint.

Procedure:

Have the child make an AB pattern with the paint by leaving different color fingerprints on the paper.

1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

1 Parent Tip:

We can help children learn about patterns by first demonstrating patterns at home. (spoon, fork, spoon fork pattern)

Milestone:

Build tower using 2 color blocks. (AB pattern green, red, green, red)

Special Adaptation: Cognitive Challenges or Delays. Help everyone who works with the child understand that he/she may not learn something in the same way or as quickly as others, but he/she can and will learn.

handwashing. (ex. singing Happy birthday and modeling handwashing)

Questions (Before, During, After):

Before: Do you know what a pattern is? Where can you see patterns?

During: Tell me what you saw when we put the soap in a line?

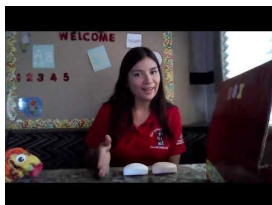
After: What could we use instead of soaps to make a pattern? "How often are we supposed to wash hands during the day? What would happen if we do not wash our hands.

English YouTube Video:



<https://youtu.be/Y1MDpwlIm98>

Spanish YouTube Video:



https://youtu.be/XiguVbC_Fk8

Pretend and Learn

Wonderful Words of the Week:

Doctor
Germs

Language Enhancement:
(Use sign language for vocabulary words)

Thank You



Doctor



Title of Activity:
Doctor Office visit

Learning Outcomes:

Child uses imagination in play and interaction with others. (P-ATL13)

Materials:

- Cotton balls
- Bandages
- Clipboard
- Doctor image

Procedures:

1. Explain to the children that today we are learning about practices that keep us healthy.
2. Introduce the children with a doctor image.
3. Show the children the materials in the material box. (Mask, Cotton ball, Band aids, clipboard)
4. After introducing the image to the children, the teacher will discuss the different clothing and tools they use and the job they do to protect our community and us.
5. With the doctor props, we will encourage the child to play pretend.

Questions (Before, During, After):

Before: What is a doctor?

During: What do doctors wear?
What type of tools they use in their job?

Family Connection

Parents as Partners Letters
(Planning and Assessment CD):



Family Game:

Go outside and move—run, jump, skip, hop, and just walk. Take turns exchanging movement tasks with your child. You say: Hop three times. Your child hops and then directs you: Run to the tree. You run to the tree. Repeat as long as you and your child are having a great time moving!

Nursery Rhyme/s:



<https://youtu.be/sM4IF7ZaKxo>

Entrance Song:



<https://youtu.be/32ysrBC6B6k>

Closing Song:



<https://youtu.be/IR9YzDRkN-Q>

Enrichment Activities



Activity Title:

The stop & go Game

Materials:

- Green paper
- Red paper
- Wooden rulers
- Black maker

Procedure:

- Print out these [Stop](#) and [Go](#) signs onto card stock.
- Tape them onto wooden rulers and you will have an amusing game to keep your children entertained and have them learning to listen to instructions.
- He will be practicing his gross motor skills, whether he realizes it or not.
- This activity will be especially helpful when he is outside on walks and someone yells out "Stop!" to help him avoid danger – he will know exactly what to do, since

1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations


Parent Tip:

Encourage children that the use of a mask is important, help children get used to the masks as much as you can, give children time to practice wearing their masks before they might need to wear one for a doctor visit. Teach them how to put them on and take them off.





Milestone:

Read to your child every day. Ask your child to point to things in a self-care book and repeat words after you.

Special Needs Adaptations:

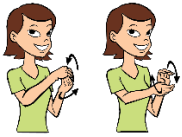
<p><u>After:</u> What did we learn about doctors today? Will you like to be a doctor when you grow up, why?</p> <p>English YouTube Video:</p>  <p>https://youtu.be/yC_ppvBqgNs</p> <p>Spanish YouTube Video:</p>  <p>https://youtu.be/3LPpg7XvtAU</p>			<p>he's done it so many times playing this game.</p> <ul style="list-style-type: none"> To make this game even more enjoyable, use a Police Officer Role Play Costume to encourage role play and imagination, and also to reinforce the responsibilities of police officers who help keep our communities safe. 	<p>Be mindful of children who are non-ambulatory, confined to a wheelchair, or have limited movement of their lower extremities when having the group perform kinesthetic patterns, jumping jacks or bending knees. Give these children the option to use their arms or fingers to mimic the movement</p>
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Art/Creativity Station

<p>Wonderful Words of the Week: Germs Pattern</p> <p>Language Enhancement: (Use sign language for vocabulary words) Brush teeth</p>	 <p>Title of Activity:</p>	<p>Family Connection</p> 	<p>Nursery Rhyme/s:</p> <p>Song related to the theme: Brush your teeth</p>  <p>https://www.youtube.com/watch?v=rvguF5IQyVE</p> <p>Entrance Song:</p>	<p>Enrichment Activities</p>  <p>Activity Title: Flower base</p> <p>Materials:</p>	<p>1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations</p> <p><u>Parent Tip:</u> Encourage brushing teeth after every meal and model how to brush teeth.</p> <p><u>Milestone:</u> What children</p>
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Wash hands



paint



I am strong, healthy, and happy

Learning Outcomes:

- Child understands simple patterns. (MATH 7)
- Child demonstrates personal hygiene and self-care skills(P-PMP4)

Materials:

- Toothbrush
- watercolors
- white paper

Procedures:

- 1.The teacher will incorporate the topic of health hygiene, and the importance of brushing teeth three times a day or after every meal, and the importance of washing hands before and after eating and after going to the restroom.
- 2.The teacher will show and explain to the child that they can use an old tooth brush instead of a brush to paint.
- 3.We will use two colors from our watercolors. Children will paint on a white sheet of paper using the old toothbrush or brush.
- 4.Students will pain with up and down movements following a sequence or pattern,

Parents Are Teachers Too
(Planning and Assessment CD):

Family Game:



<https://youtu.be/9wEwri82BNE>

We will learn how to be healthy as a family.

Material:

- Big bowl with water
- Soap
- Sponge
- Dolls/other toys that can be wash
- Towels

Procedure:

1. As a family, we will play and pretend to wash our dolls or our toys.
2. If you are washing a doll we will wash them pretending they are our babies.
3. We will learn and review some steps that are important to stay healthy and have good hygiene
4. With soap and the sponge, we will wash the body and the hair of the doll.
5. If you are washing a toy we will wash it so keep it clean When we finish we will use the towel to make sure the baby doll or the toy is dry,

Hello, hello



<https://www.youtube.com/watch?v=tVlcKp3bWH8>

Closing Song:

See you later alligator



<https://www.youtube.com/watch?v=2QkhX7R7K7U>

- Paint
- Brush
- Paper
- Straws

Procedure:

First we will apply paint on our hands. Then we will stamp our hand on the paper, leaving the mark of our hand on the paper. We will repeat this step 3 times, using whatever color we choose. The hands will represent flowers. After we do that, we will paint our foot, that will represent the base. We will put mark the paper with our foot and then let it dry. When the paint is dry we will glue the straws pretending is the stem of the flower.

do at this age: able to manage/operate toys, buttons, and movable pieces.

Special Needs Adaptation:
Delayed Motor Development, we can help them to have better control by holding their hand while you help brush their teeth and paint.

first we paint one color and then the other.

5. At the same time teacher will encourage children to talk about the color they are using and the teacher will be asking questions to children.

6. Teacher then will show and observe the result of the activity.

Questions (Before, During, After):

Before: What do you use to brush your teeth? What color is your toothbrush?

During: What color is next after the one we just paint?

After: What do we need to use to wash our hands? When do we need to wash our hands?

English YouTube Video:



<https://youtu.be/2AvZoMeba-w>

Spanish YouTube Video:



<https://youtu.be/82MzjtPa8Y>

STEAM Building Structures

Wonderful Words of the Week:

Germs
Unhealthy
Healthy
Rules
Protect
Avoid

Language Enhancement: (Use sign language for vocabulary words)

Unhealthy



Rules



Prevent / protect



Avoid



Title of Activity:
Say No to Germs

Learning Outcomes:

- Child observes and describes observable phenomena. (objects, materials, organisms and events.) (P-SCI 1)
- Child plans and conducts investigations and experiments. (P-SCI 5)
- Child analyzes results, draws conclusions, and communicates results. (P-SCI 6)

Materials:

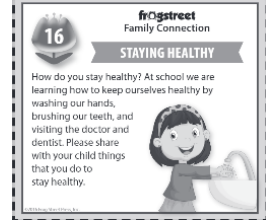
- Ground cinnamon
- Cooking Oil
- Paper Towel
- Wet Cloths
- Sponges
- Tub of water
- Hand soap
- Towel

Procedures:

1. Teacher will introduce mascot and talk about what will be learned today and play song.
2. Teacher will define germs to the child, remind child that germs can get on our hands when we touch something. Discuss the times we need

Family Connection

Parents Are Teachers Too (Planning and Assessment CD):



Family Game:



Cleaning Groceries

Materials:

- Grocery products (Fruits or vegetables)
- Sink water

Procedure:

When coming back from grocery shopping, have the child help wash the vegetables and fruits in the sink with running water and explain how they grow from the ground and must be clean before consuming because they carry dirt and germs.

Nursery Rhyme/s:

Song related to the theme:

Wash your hands with Baby Shark



<https://www.youtube.com/watch?v=L89nN03pBzI>

Entrance Song:

Hello



<https://www.youtube.com/watch?v=fN1Cyr0ZK9M>

Closing Song:

Bye Bye Goodbye



<https://www.youtube.com/watch?v=PraN5ZoSjY>

Enrichment Activities



Activity Title:
Growing Carrot Tops

Materials:

- Pre-cut carrots tops (as shown above) container
- Water
- sunlight

Procedure:

1. Have pre-cut carrots tops ready before having children do the activity. Place the tops in a shallow saucer, cut side down.
2. Add water so that half of the carrot top is submerged in the water.
3. Place the saucer on a windowsill where it will get light.
4. Add water to the saucer as needed to keep the tops from drying out.
5. The carrot tops will sprout in about 1-2 weeks.

Special Needs Adaptations

Parent Tip:
Supervision with your child at all times when using household products and hand over hand with your child to wash hands correctly. Wash and dry hands with supervision.

Milestone:
Language/communication: Child can name most familiar things.

Special Adaptation:
Behavioral/ Social
Emotional get overwhelmed and stop listening when teachers use wordy language. Make your instruction as basic and simple as you can, using the fewest words possible. Encourage child to identify items.

- to remember to wash our hands.
3. Teacher will show what materials will be needed for today.
 4. Teacher will display items and explain what the items are and how they are used. The teacher will rub some cooking oil and ground cinnamon in her hands to pretend it is germs.
 5. The teacher then will have the child predict which material works best to remove germs. (soap and water)
 6. Teacher will explain the steps and making sure that parents are advising and assisting the child while using household products.
 7. Teacher will complete the activity while asking open ended questions to the child and point out that germs are difficult to remove and when we wash our hands, we need to use soap and wash thoroughly.
 8. Teacher will ask child what they have learned today and why it is important to know and understand what has to be done be healthy and safe.
 9. Teacher will play the song and have mascot to join and end activity.

Questions (Before, During, After):

Before: Do you know what germs, are? Where do germs come from? Can you tell me more?

During: Which of these materials are the best way to remove germs? Was the paper towel, wet washcloths or sponges good to remove germs (cinnamon)? How come soap works better than the other materials?

After: Were the germs difficult to remove? What finally worked? What did we learn from this experiment? How can we stay healthy and protect ourselves from getting germs?

English YouTube Video:



<https://youtu.be/WzO7d14sdc>
[c](#)

Spanish YouTube Video:



<https://youtu.be/KgdZJKLgWfy>

Physical Development

Wonderful Words of the Week:

Repeat
Pattern
Healthy
Exercise

Language Enhancement: (Use sign language for vocabulary words)



Title of Activity:
Pattern Movements

Learning Outcomes:

- Child understands simple patterns. (P-MATH 7)
- Child demonstrates control, strength, and coordination of large muscles. (P-PMP 1)
- Child uses perceptual information to guide motions and interactions with objects and other people. (P-PMP 2)
- Child demonstrates personal hygiene and self-care skills. (P-PMP 4)

Materials:

- Puppet
- Ourselves

Procedures:

1. Teacher will welcome children with opening song and puppet.
2. Teacher will talk about doing exercise and moving during the day, why it is important.
3. Teacher will say they will dance to head, shoulders, knees, and toes to create and repeat the movement patterns.

Family Connection

Parents Are Teachers Too
(Planning and Assessment CD):



Family Game:



Duck Duck Goose

Sit in a circle, facing inward, while another player, who is "it", walks around tapping or pointing to each player in turn, calling each a "**duck**" until finally calling one a "**goose**", which designates the chosen player as the chaser.

Once someone is the **goose** they get up and try to chase "it" around the circle. The goal is to tap that person before they are able sit down in the **goose's** spot.

Nursery Rhyme/s:

Song related to the theme:
Head, Shoulders, Knees and Toes



youtube.com/watch?v=ZanHgPprl-0

Entrance Song:

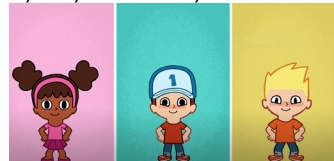
Hello



youtube.com/watch?v=fVlCkP3bWH8

Closing Song:

Bye Bye Goodbye



youtube.com/watch?v=PraN5ZoSjiY

Enrichment Activities

Activity Title:
Dress-up Relay

Materials:

- Pants
- shirt
- hat
- shoes, etc.

Procedure:

1. Set up a relay race where kids (or adults!) have to run from one side of the room to the other, put on the dress-up clothes on top of their regular clothes, the run back to the starting line.

1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

Parent Tip:

Regular physical activity is important for both our physical and mental well-being. Your child can run, jump, and learn to kick a ball with more coordination.

Milestone:

Language. Follows Directions of 2 to 3 steps.

Use simple visual reminders and cues, such as photographs of students performing each pose of an exercise routine, to help students understanding steps, rules, or movements.

Special Needs

Adaptation:

Children with Delayed Motor Development: Invite to participate partially if the complete activity is too challenging.

4.If child has difficulty remembering the pattern, teacher will assist them and model step by step.
5.Teacher will ask children to describe the action pattern they created.
6.After the exercise song teacher will remind children that one way to be healthy is to keep moving, exercising helps keeps us healthy.

Questions (Before, During, After):

Before: What does exercise mean?

During: What patterns or movements are we doing?
How do you feel about exercising?

After: Who will you exercise with? Can you tell me something you did different today?

English YouTube Video:



<https://youtu.be/hiCPD1O0FwQ>

Spanish YouTube Video:



[https://youtu.be/ez5MmRC
NOW](https://youtu.be/ez5MmRCNOW)

Social Emotional Development

Wonderful Words of the Week:

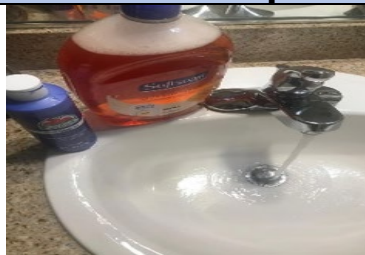
Water
Soap

Language Enhancement:
(Use sign language for vocabulary words)

Water



Soap



Title of Activity:

I wash my hands

Learning Outcomes:

- Child attends to communication and language from others. (P-LC 1)
- Child engages in and maintains positive interactions and relationships with other children. (P-SE 3)
- Child engages in and maintains positive relationships and interactions with adults. (P-SE 1)
- Child demonstrates personal hygiene and self-care skills. (P-PMP 4)
- Child understands, follows and uses appropriate social and conversational rules. (P-LC 4)

Materials:

- Sink
- Paint
- Soap
- Water
- White Sheet of paper
- Towel to dry your hands

Procedures:

1. The teacher will explain what germs are and how bad they are, where we can get germs, and how they make us feel if we get sick from them.

Family Connection

Parents as Partners Letters

(Planning and Assessment CD):



Family Game:



Pepper & Soap Experiment

Materials:

- Pepper
- Dish Soap
- Plate or Bowl
- Water (Optional to color it blue)

Procedure:

1. Pour some water onto a plate or bowl. You want it to cover a good part of the plate. Coloring your water blue with some food coloring is an option, but sometimes

Nursery Rhyme/s:



<https://youtu.be/CLhmEB82K8U>

Entrance Song:



<https://youtu.be/3ywlU30lqKA>

Closing Song:



<https://youtu.be/UQfvAlmr5g0>

Enrichment Activities



Activity Title:

Balloons and Soap

Materials:

- latex gloves/balloons
- washable marker
- dish soap
- water
- sink/tub

Procedure:

1. Adult blow up the latex gloves or balloons.
2. Fill a tub/sink with water and add dish washing soap to the water.
3. With a washable marker, draw faces and say that they represent germs.
4. Throw the blown-up gloves/balloons into the tub/sink filled with soapy water.
5. Have child wash the gloves/balloons with the soapy water and wash away all the "germs."
6. Let child know the importance of washing our hands with soap and water to get rid germs.

1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

Parent Tip:

To make the activity more exciting and motivating, sing a song that your child likes while washing their hands. That way the child can wash their hands for the length of the song.

Milestone:

Assist the child by doing it first and then having the child do it after you. Have the child copy adult.

Special Adaptation:

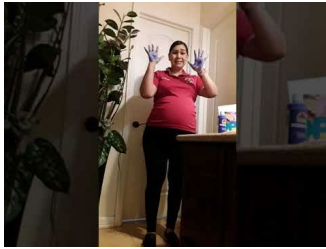
If there is no paint or your child doesn't like using paint, try using dirt from outside.

	<p>2. The teacher will talk about why it is important to wash your hands well with soap and water.</p> <p>3. The teacher will show the steps of how to wash your hands well and will also tell you when it is important to wash your hands with soap and water.</p> <p>4. For the activity, we are going to put a little paint on the hands and then we will rub our hands.</p> <p>5. Explain that the paint represents germs and now our hands are covered in germs.</p> <p>6. To teach how germs spread, we are going to place our hands on a white sheet of paper. We are going to place our hands on the paper and see that the "germs" (paint) that remain on the paper are the germs that we leave behind when we don't wash our hands.</p> <p>7. Then we are going to rinse with just water and see that we still have paint.</p> <p>8. The teacher will explain that even though they washed their hands with just water, the "germs" are still on the hands.</p> <p>9. The teacher will explain that washing with only water does not leave the hands very clean.</p> <p>10. Now we will wash our hands again, but we will use soap and water, and we will observe how all the "germs" have been easily removed from our hands.</p> <p>11. The teacher will talk about how easily germs can spread from person to person and why it is so important to wash your hands with soap.</p> <p>Questions (Before, During, After): <u>Before:</u> What are germs and where do they come from?</p>	<p>makes it easier to see the experiment in action.</p> <p>2. Sprinkle some pepper onto the surface of the water.</p> <p>3. Dip your finger into the dish soap.</p> <p>4. Place your finger in the center of the plate into the water.</p> <p>5. Watch as the pepper quickly scatters to the edges of the water on the plate.</p> <p>6. Talk about how the pepper is germs and how soap helps get rid of germs because it pushed the pepper away.</p>			
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During: When do you think it's important to wash your hands?

After: Do you like to wash your hands? Why is it important to wash your hands?

English YouTube Video:



<https://youtu.be/KJ0qD4j3ZVA>

Spanish YouTube Video:



<https://youtu.be/NuEwnmqkao>

Music and Movement

Wonderful Words of the Week:

Gems, Healthy Practices, Water, Soap

Language Enhancement:
(Use sign language for vocabulary words)



Good-Bye



Hello



Title of Activity:
Wash your hands with Baby Shark

- Learning Outcomes:**
- Locomotor Skills: Moves whole body with increasing control, coordination, and balance. (PPMD.A.1)
 - Child demonstrates personal hygiene and self-care skills. (P-PMP 4-)

- Materials:**
- Water
 - Soap
 - Towel

- Procedures:**
1. Turn the water on.
 2. Put soap in your hands.
 3. Sing a Happy Birthday song while washing your hands.
 4. Rinse your hands.
 5. Get a paper towel.
 6. Dry your hands with a paper towel.
 7. With the paper towel close the faucet.
 8. Sing and Dance to the song "Wash

Family Connection

Parents as Partners Letters (Planning and Assessment CD):



Family Game:



Speak to child the importance of wearing a face mask properly during this pandemic.

When do we wear a face mask?
Do we wear a face mask correctly?

Nursery Rhyme/s:



<https://youtu.be/L89nN03pBzI>

Entrance Song:



<https://youtu.be/Mx8s6ZACZFU>

Closing Song:



<https://youtu.be/Mx8s6ZACZFU>

Enrichment Activities



Activity Title:
Brush Your Teeth

- Materials:**
- yellow construction paper
 - toothbrush
 - white paint

- Procedure:**
1. Draw or trace tooth template on yellow construction paper.
 2. Explain to your children that if we don't take care of our teeth that they can get stained or yellow.
 3. Next, show your child how brushing them can help to keep them white and shiny.
 4. Model by getting white paint with toothbrush.
 5. Encourage child to try activity.

1 Parent Tip, 1 Milestone, 1 Special Needs Adaptations

Parent Tip: Supervise and assist child while washing hands to ensure he/she is washing them correctly.

Milestone:

Turn the faucet on and off.

Special Adaptation:
Have child see a visual of how to wash hands.

your hands like
Baby Shark".

**Questions (Before,
During, After):**

Before: What can you
tell me about germs?

During: What can we
do to prevent germs?

After: Can you tell me
of more ways to keep
healthy practices?

**English YouTube
Video:**



<https://youtu.be/jQ92YFByaxk>

**Spanish YouTube
Video:**



<https://youtu.be/piqjpSawTbU>